

BAREME MINIMES GARCONS

EPREUVES	N3	R1	R2	R3	D1	D2
50m	6"34	6"54	6"74	6"94	7"14	7"34
100m	11"34	11"74	12"14	12"54	12"94	13"34
1000m	2'40"0	2'46"0	2'52"0	2'58"0	3'04"0	3'10"0
3000m	9'20"0	9'41"0	10'02"0	10'23"0	10'44"0	11'05"0
50mh 0.84m	6"94	7"34	7"74	8"14	8"54	8"94
80mh 0.84m	11"24	11"64	12"04	12"44	12"84	13"24
100mh 0.84m	13"84	14"54	15"24	15"94	16"64	17"34
110mh 0.91m	15"04	15"94	16"84	17"74	18"64	19"54
200mh 0.76m	27"44	28"44	29"44	30"44	31"44	32"44
HAUTEUR	1m87	1m79	1m71	1m63	1m55	1m47
PERCHE	4m00	3m70	3m40	3m10	2m80	2m50
LONGUEUR	6m50	6m20	5m90	5m60	5m30	5m00
TRIPLE	13m30	12m70	12m10	11m50	10m90	10m30
POIDS 4kg	15m40	14m20	13m00	11m80	10m60	9m40
DISQ 1kg250	44m00	40m60	37m20	33m80	30m40	27m00
MARTEAU 4kg	55m00	50m00	45m00	40m00	35m00	30m00
JAVELOT 600g	53m40	50m00	46m60	43m20	39m80	36m40
TRIATHLON	100pts	90pts	80pts	70pts	60pts	50pts
OCTATHLON	4250pts	3850pts	3450pts	3050pts	2650pts	2250pts
3000mMAR	15'45"0	16'18"0	16'51"0	17'24"0	17'57"0	18'30"0
5000mMAR	27'30"	28'07"	29'08"	30'00"	31'00"	32'00"