

BAREME MINIMES FILLES

EPREUVES	N3	R1	R2	R3	D1	D2
50m	6"94	7"14	7"34	7"54	7"74	7"94
100m	12"54	13"04	13"54	14"04	14"54	15"04
1000m	3'03"0	3'12"0	3'21"0	3'30"0	3'39"0	3'48"0
2000m	6'51"0	7'13"0	7'35"0	7'57"0	8'19"0	8'41"0
50mh 0.76m	8"04	8"44	8"84	9"24	9"64	10"04
80mh 0.76m	12"04	12"74	13"44	14"14	14"84	15"54
100mh 0.76m	15"54	16"44	17"34	18"24	19"14	20"04
200mh 0.76m	31"14	32"44	33"74	35"04	36"34	37"64
HAUTEUR	1m63	1m56	1m49	1m42	1m35	1m28
PERCHE	3m15	2m90	2m65	2m40	2m15	1m90
LONGUEUR	5m45	5m15	4m85	4m55	4m25	3m95
TRIPLE	11m20	10m60	10m00	9m40	8m80	8m20
POIDS 3kg	12m30	11m35	10m40	9m45	8m50	7m55
DISQUE 800g	37m00	33m80	30m60	27m40	24m20	21m00
MARTEAU 3kg	44m00	40m00	36m00	32m00	28m00	24m00
JAVELOT 500g	38m00	34m80	31m60	28m40	25m20	22m00
TRIATHLON	100pts	90pts	80pts	70pts	60pts	50pts
HEPTATHLON	3800pts	3500pts	3200pts	2850pts	2500pts	2150pts
2000mMAR	10'45"0	11'15"0	11'45"0	12'15"0	12'45"0	13'15"0
3000mMAR	17'00"0	17'48"0	18'36"0	19'24"0	20'12"0	21'00"0