

## BAREME FEMME

EPREUVES	CATEGORIE	PERF N3	PERF R1	PERF R2	PERF R3	PERF D1
50m	CJESV	6"94	7"14	7"34	7"54	7"74
60m	CJESV	8"04	8"34	8"64	8"94	9"24
100m	CJESV	12"54	13"04	13"54	14"04	14"54
200m	CJESV	25"94	27"24	28"54	29"84	31"14
300m	C	42"84	45"04	47"24	49"44	51"64
400m	JESV	59"74	62"94	66"14	69"34	72"54
800m	CJESV	2'20"0	2'28"0	2'36"0	2'44"0	2'52"0
1000m	CJESV	2'58"0	3'08"0	3'18"0	3'28"0	3'38"0
1500m	CJESV	4'47"0	5'03"0	5'19"0	5'35"0	5'51"0
3000m	CJESV	10'26"0	11'02"0	11'38"0	12'14"0	12'50"0
5000m	JESV	18'00"0	19'00"0	20'00"0	21'00"0	22'00"0
50mh 0.76m	C	8"04	8"44	8"84	9"24	9"64
50mh0.84m	CJESV	8"24	8"64	9"04	9"44	9"84
60mh0.76m	C	9"24	9"74	10"24	10"74	11"24
60mh0.84m	CJESV	9"44	9"94	10"44	10"94	11"44
100mh0.76m	C	15"04	15"94	16"84	17"74	18"64
100mh0.84m	CJESV	15"34	16"24	17"14	18"04	18"94
320mh	C	51"04	54"24	57"44	60"64	63"84
400mh	JESV	67"44	71"54	75"64	79"74	83"84
HAUTEUR	CJESV	1m63	1m56	1m49	1m42	1m35
PERCHE	CJESV	3m15	2m90	2m65	2m40	2m15
LONGUEUR	CJESV	5m45	5m15	4m85	4m55	4m25
TRIPLE	CJESV	11m20	10m60	10m00	9m40	8m80
POIDS 3kg	C	13m00	11m90	10m80	9m70	8m60
POIDS 4kg	CJESV	11m50	10m40	9m30	8m20	7m10
DISQUE 800g	C	42m60	38m40	34m20	30m00	25m80
DISQUE 1kg	CJESV	38m20	34m40	30m60	26m80	23m00
MARTEAU 3kg	C	49m00	45m00	41m00	37m00	33m00
MARTEAU 4kg	CJESV	43m00	39m00	35m00	31m00	27m00
JAVELOT 600g	CJESV	38m30	34m60	30m90	27m20	23m50
PENTATHLON	CJESV	2860pts	2540pts	2220pts	1900pts	1580pts
HEPTATHLON	C	4150pts	3700pts	3250pts	2800pts	2350pts
HEPTATHLON	JESV	4000pts	3550pts	3100pts	2650pts	2200pts
2000mMAR	C	10'25"0	11'00"0	11'35"0	12'10"0	12'45"0
3000mMAR	CJESV	16'25"0	17'20"0	18'15"0	19'10"0	20'05"0